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**If You Or Someone  
You Know Has Been  
A Victim Of  
Sexual Violence,  
Help is Available.**

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**County Rape Crisis Program Numbers:**

Atlantic	800-286-4184	Middlesex	877-665-7273
Bergen	201-487-2227	Monmouth	888-264-7273
Burlington	856-234-8888	Morris	732-264-7273
Camden	866-295-7378	Ocean	732-370-4010
Cape May	609-522-6489		609-494-1090
Cumberland	856-293-9733	Passaic	973-881-1450
Essex	877-733-2273	Salem	856-935-6655
Gloucester	866-295-7378	Somerset	908-526-7444
Hudson	201-795-5757	Sussex	973-875-1211
Hunterdon	888-988-4033	Union	908-233-7273
Mercer	609-394-9000	Warren	866-623-7233

**New Jersey Department of Community Affairs**  
**Division on Women**  
**Office on the Prevention of Violence Against Women**  
 609-292-8840 TTY: (609) 777-0799  
[www.nj.gov/dca/dow](http://www.nj.gov/dca/dow)  
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## **If You Have Been Sexually Victimized:**

- ◆ Get to a safe place.
- ◆ Don't bathe, shower, douche, change your clothes, eat, drink, smoke, urinate, brush your teeth, gargle or anything else that might destroy or wash away evidence including evidence of a drug facilitated sexual assault.
- ◆ Contact your county Rape Care Program for emotional support, information and to learn about your options.
- ◆ Seek medical attention for injuries, sexually transmitted infections, HIV and possible pregnancy.
- ◆ Have your county Sexual Assault Response Team (SART) activated if you wish to have forensic evidence collected.
- ◆ Contact the police department where the assault occurred if you wish to make a police report.
- ◆ If you are unsure about making a police report at this time, evidence can still be collected up to five days following the assault and held for up to 90 days while you decide about reporting.

## **Options Available if You Become the Victim of Sexual Violence**

A Rape Care Advocate from the county Rape Care Center is available 24 hours-a-day to accompany you through all medical, legal and court procedures. A Rape Care Advocate is someone who has received specialized training in the dynamics of sexual violence and is knowledgeable about assisting victims through the aftermath of a sexual assault. Rape Care Advocates can provide emotional support and information to you and your significant others, as well as explain your options. Individual and group counseling is also available at each county Rape Care Center. All services are free and confidential, and are available regardless of when the assault occurred or whether a victim reports the crime. The hotline number for your county is listed on the back of this card.

If the assault happened within the past five days and you are over the age of 13, the county Sexual Assault Response Team (SART) can be activated 24 hours-a-day. The SART consists of three professionals who are trained to help you if you are sexually assaulted – a Rape Care Advocate, a police officer and a Sexual Assault Nurse Examiner (SANE). The SANE can provide medical treatment and collect forensic evidence. Contact your county Rape Care Center for more information or to have SART activated.

**Help is Available Whether You Were Assaulted Minutes  
Ago or Many Years Ago.**